

PARTNERSHIP

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Szczecińska Szkoła Wyższa Collegium Balticum
www.cb.szczecin.pl

Sweden
Elderberry
www.elderberry.nu

Austria
Dornbirn City Archives
www.stadtarchiv.dornbirn.at

United Kingdom
Gryd Ltd
www.gryd.uk

Croatia
Museum of Slavonia
www.mso.hr

Greece
Symplexis
www.symplexis.eu

Italy
Anziani e non solo
www.anzianienonsolo.it

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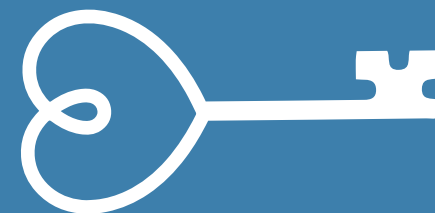
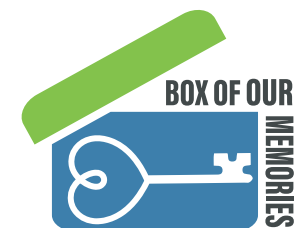
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All that is worth
remembering in life,
is the poetry of it.

William Hazlitt

An innovative formal Adult Education training methodology for adult educators, archive and museum education professionals, adult education professionals working in arts and culture working for people with dementia.



ADULT EDUCATION CARING FOR MEMORY LOSS
BOX OF OUR MEMORIES

REMINISCENCE-BASED ADULT EDUCATION PROGRAMME



www.boxofourmemories.eu



CARING FOR MEMORY LOSS

Statistical analysis reveals significant improvement in respect of the pre- and post-questions about knowledge and skills in respect of dementia, reminiscence and life history, understanding and empathy towards People with Dementia, competency in using reminiscence, objects or other tools (including photographs) to support or engage with patients and taking part and leading Memory Box sessions.

We propose to develop a personalised digital memory box to collect media and artefacts to stimulate the person with dementia.

'Box of our Memories' will be a digital repository of media and artefacts to be used directly by people with dementia and supported by family members and carers. It will be a personal museum of content aimed to stimulate memory, improve mood and reduce agitated behaviour. It will also enable family members to learn more about their loved one.

The consortium will design and deliver:

Methodology Handbook

including a process guide and Implementation Strategy for decision makers

Training course

An innovative formal Continuous Professional Development (CPD) training courses for adult educators

Toolkit

An online informal adult education toolkit for carers, family members, volunteers

App

The Box of our Memories Platform and App

Box of our Memories project wants to improve the availability of reminiscence-based, digital, informal adult education interventions for seniors. The project aims to do this by extending the necessary knowledge, skills and competences for adult educators working in diverse fields from informal carers and family members, to volunteers and educational staff working in museums and archives.

Reminiscence therapy is the use of life histories – written, oral, or both – to improve psychological well-being, especially with older persons. There is broadening evidence of the efficacy of non-medicinal interventions to alleviate the stressful effects of dementia, in particular the positive stimulus of interacting with music and digitally mediated imagery.

Reminiscence therapy is practiced in some parts of Europe and performed by many residential care facilities in the framework of non-pharmacological treatments for people with cognitive impairments and it is considered to be effective.



UNLOCK YOUR MEMORIES